



Year 2 – Spring 1 – How to Train Your Dragon

Animals including Humans

This term we will learn about how animals, including humans, have offspring which grow into adults and will find out about the basic needs of animals. We will look at the importance of exercise, nutrition and hygiene.

Science

Key Questions

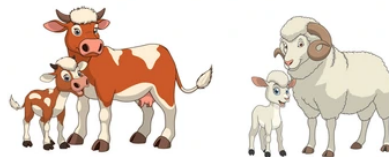
- Which offspring belongs to which animal?
- What are the basic needs for survival?
- Why is exercise important for humans?
- Why is a balanced diet important for humans?
- Why is good hygiene important?



Key Vocabulary:

Offspring

A person's/animal's child/young.



Survival

Staying alive – water, food, air.



Exercise

Movement to improve health and fitness.



Hygiene

Keeping yourself or your environment clean and healthy.



Balanced diet

Eating the right amount of a variety of foods.



Home Learning Suggestions

- Visit your local farm to see the new baby animals being born for example, lambs, chicks and calves. Notice the animals and their offspring and what the new babies are doing.
- Watch <https://www.youtube.com/watch?v=PedajVADLGw> to see the development of a chick in an egg
- Make a timeline using family photos or cut out pictures of babies, young children, teens, adults and elderly. Discuss the similarities and differences and what happens as people get older.
- Design a healthy menu by using the Eatwell Plate as a guide (you may even want to help prepare it and enjoy it!)